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Morphometric and Meristic Analysis of *Sillaginopsis panijus* Along with Seasonal Variation from Rupnarayan River, West Bengal, India

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ABSTRACT

Present study is a first-time report of flathead Sillago, *Sillaginopsis panijus* (Hamilton, 1822), from Rupnarayan River of West Bengal. Seasonal sampling performed from January 2019- February 2020 by collection of water sample and fish sample in the morning time 5.00 A.M. – 8.00 A.M. A total of 116 specimens of *Sillaginopsis panijus* (Hamilton, 1822) were collected from four different sampling stations of Rupnarayan river (22.23°N 88.03°E to 22.40°N 87.36°E), West Bengal, India. Present work is a morphometric and meristic data analysis has been provided in detail. Total 23 morphometric characters and 13 meristic characters were analyzed. Morphological characteristics of the species were present to confirm the occurrence and distribution of *Sillaginopsis panijus* (Hamilton, 1822) along the riverine water of Rupnarayan. The physico-chemical parameters of water have been measured such as temperature of water, dissolved oxygen, pH and salinity. The statistical analysis of multivariate test with post-Hoc analysis and correlation were established with the abundance of S. panijus (Hamilton, 1822) in relation to water parameters. The result shows the dissolved oxygen, temperature, pH and salinity played a most important role in the distribution of *S. panijus* (Hamilton, 1822). The result shows a statistically significant difference in distribution of fish species, $F_{(12, 8)} = 18.86$, $p < 0.0005$; Wilk's $\Lambda = 0.001$, partial $\eta2 = 0.966$. Present study certainly provides the baseline information of *Sillaginopsis panijus* (Hamilton, 1822) from the Rupnarayan river of West Bengal, India. This record of *Sillaginopsis panijus* (Hamilton, 1822) may assist the fishery scientist, researchers, policy planners and conservationists to develop sustainable fishery management. Therefore, this study was considered as a first step on morphometric characters for its development and documenting the extension of the distribution and ecological changes in its natural habitat which helps to conserve this species abundance in this area and prevent overexploitation.

KEY WORDS: BIOMETRY, FIRST REPORT, PHYSICO-CHEMICAL PARAMETERS, RUPNARAYAN RIVER, *SILLAGINOPSIS PANIJUS*.

INTRODUCTION

The *Sillaginopsis panijus* which is a flathead sillago of the family Sillaginidae and order Perciformes is a migratory amphidromous fish found in the areas of Gangetic delta (Type locality), Pondicherry (Coromondoal coast), Bangladesh (Siddik et al. 2015), Burma-Malaysia and rarely to the Indonesia (Hamilton 1822; Hamilton- Buchanon 1822; Rayappa et al. 1962; Roper et al. 1984; Talwar and Jhingran 1991; Rahman 2005; Azim et al. 2012). This family is found widespread in the Indian ocean and western Pacific Ocean also. The sillaginids are easily identified with their uniformity of body shapes. The morphological identifications are considered the most common cost-effective tool in the characterisation of fish species (Cadrin and Silva 2005; Chaklader et al. 2015; Sidik et al. 2021). S. *panijus* is an estuarine and inshore marine fish but adapted in the muddy substrate in shallow water and it migrates to the upper reaches of the tidal river for extending their habitat for breeding and in search of food (Hamilton 1822; Talwar and Jhingran 1991; Alam et al. 2007). The spawning of S. *panijus* (Hamilton, 1822) occurs twice in a year (probably August-September and November- February) and the juveniles migrate toward the upper region of the tidal river during the month of December and March-April (Talwar and Jhingran 1991; Liu et al. 2021).

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It comes with a predatory habit and consumes small fish, planktonic crustaceans and algae. The morphometric and meristic study such as measuring of length, counting of fins and fin-rays, counting of scales and other parameters are important tools used for the proper identification of the species (Cavalcanti et al. 1999). Fish populations are highly dependent upon the physico-chemical parameters of the riverine water body, which supports the abundance of fish population and to perform their biological functions (Ali 1999). Among all the physico-chemical factors salinity, pH, temperature and dissolved oxygen (DO) are the determinants and by their regular or irregular fluctuations a fish population is determined (Thirumala. et al. 2011). Literature survey reveals that a very little work has been done on the fish faunal diversity till date in the river Rupnaryan except the work done by Mishra et al. in (2003) and Ghorai et al. in (2015) and they have listed seventeen and thirty-eight number of species respectively. The present investigation reveals strong evidence that the existence of *S. panijus*, will certainly enrich the biodiversity data of the river Rupnarayan (Hamilton 1822; Chakraborty et al. 2021).

MATERIAL AND METHODS

During present study a total of 116 specimens were collected seasonally by the help of the local fishermen, which captured in the early morning using trawl nets and gill nets from four different study sites of the Rupnarayan River namely Bandarghat (SI), Baksi (S2), Kolaghat (S3), and Gadiara (S4). After collection, photographs were taken for the fresh specimens and were preserved in a wide mouth jar having 4% formalin solution and brought to the laboratory of Raja N. L. Khan Women's College (Autonomous) for further studies. A total of 27 individuals of various size ranges of *S. panijus* were studied morphometrically and meristically. Twenty-three morphometric characters were measured by using a digital slide calipers scale with 0.1 cm accuracy (Hamilton 1822; Bagra and Das 2016).

Morphometric characteristics were studied by the help of existing literature like Talwer and Jhingran (1991); Jayaram (1999), Turan (1999), and the standard method followed after Hubbs and Lagler (1958) and Hubbs and Lagler (2016). Statistical analysis has done by using correlation matrix, multivariate tests, the test of between-subjects effects, multiple comparisons with Tukey HSD test method were performed to established the significant variation among the water parameters (pH, DO, Temparature, Salinity) with occurrence of fish species population seasonally in different four sampling stations (Gonzalez 2013; Nanda et al. 2021).

RESULTS AND DISCUSSION

The fresh fish have a shiny reddish silver colour in the anterior part and whitish silver colour in the abdomen (Fig.1). Fins are pale brownish with black dusting spots. The body shape is elongated and sub cylindrical with a greatly depressed head with scale. Mouth is small and terminal with villiform feeble teeth. Eyes are laterally present, slightly upwards with fleshy orbits. Body covered with small ctenoid scales, lateral line with 91 to 93 scales. Presence of two well separated dorsal fins with ten fin rays in first dorsal fin in where second dorsal spine of first dorsal fin is very elongated and extended to the caudal fin and second dorsal fin with 26-27 fin rays. The paired pectoral fin with 19 to 22 fin rays and the anal fin with two spine and 25 to 27 soft finrays. The caudal fin with 18 to 20 fin rays. Opercle with a well-developed spine.

Fin formula:
D1 X, D2 I+26-27, P 19-22, P I+V, A II+26-27, C18-20 (Present Study)
D1 X, I+24-28, P 17-22, P I+5, A II+25-27 (Pradhan et al. 2020)
D IX, I+27-28, P 23-24, P I+5, A II+24-28 (Islam et al. 2012)
D IX, I+26-27, P 23-24, P I+5, A II+25-26 (Rahman 1989,2005)
D X, I+26-27, P 24, V I+5, A II+24-26 (Talwar and Jhingran,1991).

Synonyms: *Cheilodipterus panijus* (Hamilton-Buchanon 1822) (Fishes of Ganges:221,381), *Sillago panijus* (Hamilton 1822) (i-vii + 1-405, Pls. 1-39), *Sillago domina* (Cuvier 1829) (Histoire naturelle des poissons. v. 3: i-xxviii + 2 pp. + 1-500, Pls. 41-71.), *Sillaginopsis domina* (Cuvier 1829) (Histoire naturelle des poissons. v. 3: i-xxviii + 2 pp. + 1-500, Pls. 41-71).

Type locality: Ganges estuaries (Hamilton-Buchanon 1822) (Fishes of Ganges:221,381).

Conservation status: According to IUCN Red List 2017 – 2020 Report, not evaluated in Bay of Bengal, India (Image and Bat 2020). Not evaluated globally (Pramanik et al. 2017).

Figure 1: Lateral View of *Sillaginopsis panijus* (Hamilton,1822) Showing Different Body Parts Measurements (Morphometry). aq-Total Length, ap- Fork Length, ar-Standard Length, ae- Head Length, ab- Snout Length, cd- Eye Diameter, ac- Pre-Orbital Length, ad-Post-Orbital Length, af- Pre-Pectoral Length, fv- Pectoral Fin Length, ag- 1st Pre-Dorsal Length, ai- 2nd Pre-Dorsal Length, gj- Longest Fin Ray, ik- 2nd Dorsal Fin Length, ay-Pre-Pelvic Length, yx- Pelvic Fin Length, au- Pre-Anal Fin Length, ut- Anal Fin Length, nq- Caudal Fin Length, hw- Body Depth, ms- Caudal Peduncle, az- Jaw Length.

Table 1. Meristic count of examined *Sillaginopsis panijus* (Hamilton, 1822) from Rupnarayan River

Sl. No.	Meristic characters	Number
1	First dorsal fin rays	10
2	Second dorsal fin rays	26-28
3	Pectoral fin rays	19-22
4	Pelvic fin rays	6
5	Anal fin rays	26-27
6	Caudal fin rays	18-20
7	Scales on lateral line	91-93
8	Scales above lateral line	6
9	Scales below lateral line	14-15
10	First gill raker (Upper)	3-4
11	First gill raker (Lower)	7-8
12	Pre dorsal scale	37-39
13	Circumpeduncular scale	9-10

The descriptive data of 23 morphometric characters of 27 identified samples of *S. panijus* comprised the range of minimum and maximum value, mean value, standard deviation and standard error of each of the characteristics presented in Table 2 and thirteen meristic counts of identified specimens are enlisted in table 1. The morpho-meristic characters differ in the same species due to environmental conditions of different geographical areas (Hamilton 1822; Franičević et al. 2005). The collected specimen is agreed with some diagnosis done by Talwar and Jhingran (1991) except pectoral fin with nineteen to twenty-two fin rays, anal fin with twenty-six to twenty-seven fin rays and caudal fin with eighteen to twenty finrays. Such differences in count of second dorsal fin rays, pectoral fin rays and caudal fin rays are observed in the previous studies (Pradhan et al. 2020).

Some earlier authors also established the meristic counts like Talwar and Kacker (1967); Robins (1986); Rahman (1989); McKay (1992); Rahman (2005), Kaga and Ho (2012); Islam et al. (2012). Species distribution is influenced

Table 2. Morphometric measurement of examined Sillaginopsis panijus (Hamilton, 1822) from Rupnarayan River

Sl. No.	Morphometric characters	Maximum (cm)	Minimum (cm)	Mean	SD	SE
1	Total length	25.5	8.6	18.1	6.8964	3.0842
2	Fork length	24.29	8	17.3	6.6421	2.9705
3	Standard length	22.5	7.8	15.8	6.2043	2.7747
4	Head length	6.38	1.66	4.35	1.9221	0.8596
5	Head depth	2.01	0.7	1.5	0.544	0.2433
6	Eye diameter	0.87	0.3	0.65	0.2316	0.1036
7	Snout length	2.55	0.6	1.74	0.8	0.3578
8	First pre dorsal length	7.34	2.57	5.06	1.9635	0.8781
9	Second pre dorsal length	9.92	3.49	6.98	2.7281	1.2201
10	Pre pectoral length	6.67	2.3	4.58	1.7551	0.7849
11	Pre pelvic length	6.93	2.4	4.83	1.8964	0.8481
12	Pre anal length	10.9	4	7.76	2.8248	1.2633
13	Length of longest fin-ray	13.65	3	8.58	4.3226	1.9331
14	Pectoral fin length	3.57	1.42	2.73	0.9924	0.4438
15	Pelvic fin length	2.64	0.9	1.94	0.7387	0.3304
16	Anal fin length	7.64	2.73	5.63	2.1222	0.9491
17	Caudal fin length	3.31	1.27	2.41	0.8194	0.3665
18	Body depth	3.27	1.1	2.13	0.824	0.3685
19	Pre orbital length	2.61	0.94	1.82	0.7283	0.3257
20	Post orbital length	3.41	1.22	2.21	0.8148	0.3644
21	Lower jaw length	1.04	0.33	0.72	0.3015	0.1348
22	Upper jaw length	1.44	0.49	0.97	0.3871	0.1731
23	Length of Caudal peduncle	1.61	0.47	1.16	0.4248	0.19

by a large number of physico-chemical factors such as surface water temperature, pH, salinity, dissolved oxygen was recorded during the study period. The multivariate tests (Table 3) represent the statistically significant difference in distribution of fish species, F (12, 8) =18.86, p<0.0005; Wilk's Λ=0.001, partial η2=0.966. The correlation matrix (Table 4) showed significance at the level 0.05 in the single star marking values and correlation is significant at the 0.01

level marked with double star marking values. The positive correlation value shows salinity-spot (0.665*), pH- season (0.603*) at 0.05 level and species no.- spot (0.861**) at 0.01 significance level (Mallya 2007; Ross and Behringer 2019; Velasco et al. 2019).

Table 3. The Multivariate Tests analysis of *S. panijus* (Hamilton,1822) from Rupnarayan river, West Bengal.

	Effect	Value	F	Hypothesis df	Error df	Sig.	Partial Eta Squared
Intercept	Pillai's Trace	1	3972.3	6	4	0	1
	Wilks' Lambda	0	3972.3	6	4	0	1
	Hotelling's Trace	5958.48	3972.3	6	4	0	1
	Roy's Largest Root	5958.48	3972.3	6	4	0	1
Seasons	Pillai's Trace	1.694	4.612	12	10	0.011	0.847
	Wilks' Lambda	0.001	18.855	12	8	5E-04	0.966
	Hotelling's Trace	260.418	65.104	12	6	5E-04	0.992
	Roy's Largest Root	258.109	215.09	6	5	5E-04	0.996

Table 4. Correlation Matrix established with water parameter and number of species of *S. panijus* from Rupnarayan river, West Bengal (Hamilton 1822).

		SPOTS	SEASONS	pH	TEMP	D.O.	SALINITY	SPECIES NO
SPOTS	Pearson Correlation	1	0	0.242	0.018	0.17	0.665*	0.861**
	Sig. (2-tailed)		1	0.449	0.957	0.6	0.018	0
	N	12	12	12	12	12	12	12
SEASONS	Pearson Correlation	0	1	0.603*	-0.927**	0.13	-0.637*	0.163
	Sig. (2-tailed)	1		0.038	0	0.69	0.026	0.613
	N	12	12	12	12	12	12	12
pH	Pearson Correlation	0.242	0.603*	1	-0.751*	0.32	-0.216	0.068
	Sig. (2-tailed)	0.449	0.038		0.005	0.31	0.501	0.833
	N	12	12	12	12	12	12	12
TEMP.	Pearson Correlation	0.018	-.927**	-0.751*	1	-0.02	0.572	0-.067
	Sig. (2-tailed)	0.957	0	0.005		0.52	0.052	0.836
	N	12	12	12	12	12	12	12
D.O.	Pearson Correlation	0.169	0.128	0.319	-0.204	1	-0.075	-0.109
	Sig. (2-tailed)	0.599	0.692	0.313	0.524		0.817	0.736
	N	12	12	12	12	12	12	12
SALINITY	Pearson Correlation	0.665*	-0.637*	-0.216	0.572	-0.07	1	0.463
	Sig. (2-tailed)	0.018	0.026	0.501	0.052	0.82		0.13

*. Correlation is significant at the 0.05 level (2-tailed).

**. Correlation is significant at the 0.01 level (2-tailed).

Table 5. Tests of Between-Subjects Effects analyses with water parameter and seasonal occurrences of *S. panijus* from Rupnarayan river, West Bengal (Hamilton 1822).

Source	Dependent Variable	Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
Corrected Model	PH	1.696a	2	0.848	10.606	0.004	0.702
	TEMP	480.667b	2	240.333	262.182	0	0.983
	DO	0.095c	2	0.047	0.089	0.915	0.019
	SPECIES NO	61.167d	2	30.583	0.375	0.697	0.077
	SPOTS	0.000e	2	0	0	1	0
	SALINITY	6.562f	2	3.281	3.285	0.085	0.422
Intercept	PH	631.475	1	631.475	7900.3	0	0.999
	TEMP	8164.08	1	8164.08	8906.27	0	0.999
	DO	162.068	1	162.068	304.67	0	0.971
	SPECIES NO	1121.33	1	1121.33	13.759	0.005	0.605
	SPOTS	75	1	75	45	0	0.833
	SALINITY	19.001	1	19.001	19.027	0.002	0.679
Seasons	PH	1.696	2	0.848	10.606	0.004	0.702
	TEMP	480.667	2	240.333	262.182	0.001	0.983
	DO	0.095	2	0.047	0.089	0.915	0.019
	SPECIES NO	61.167	2	30.583	0.375	0.697	0.077
	SPOTS	0	2	0	0.001	1	0.001
	SALINITY	6.562	2	3.281	3.285	0.085	0.422
Error	PH	0.719	9	0.08			
	TEMP	8.25	9	0.917			
	DO	4.787	9	0.532			
	SPECIES NO	733.5	9	81.5			
	SPOTS	15	9	1.667			
	SALINITY	8.988	9	0.999			
Total	PH	633.89	12				
	TEMP	8653	12				
	DO	166.95	12				
	SPECIES NO	1916	12				
	SPOTS	90	12				
	SALINITY	34.55	12				
Corrected Total	PH	2.415	11				
	TEMP	488.917	11				
	DO	4.882	11				
	SPECIES NO	794.667	11				
	SPOTS	15	11				
	SALINITY	15.549	11				

a. R Squared = .702 (Adjusted R Squared = .636); b. R Squared = .983 (Adjusted R Squared = .979); c. R Squared = .019 (Adjusted R Squared = -.198); d. R Squared = .077 (Adjusted R Squared = -.128); e. R Squared = .000 (Adjusted R Squared = -.222); f. R Squared = .422 (Adjusted R Squared = .294)

The negative correlation value shows salinity-season (0-.637*) at 0.05 level and season-temp (-0.927**), pH-temp (-0.751**) at 0.01 level. The test of between-subject effects (Table 5) shows the significant value of the pH= F (2, 9) = 10.60; p < 0.004; partial η^2 = 0.702; Temperature= F (2, 9) = 262.19; p < 0.001; partial η^2 = 0.983 and the not significant values are DO = F (2, 9) = 0.09; p > 0.915; partial η^2 = 0.019; Species No. = F (2, 9) = 0.38; p > 0.697; partial η^2 = 0.077; Spots= F (2, 9) = 0.001; p > 1; partial η^2 = 0.001; Salinity= F (2, 9) = 3.29; p > 0.085; partial η^2 = 0.422. Post Hoc Tukey HSD test for multiple comparisons (Table 6) the significant values are in pH of the pre -monsoon -post monsoon (0.022), monsoon – post monsoon (0.004); temperature of pre-monsoon- monsoon (0.012), pre-monsoon- post monsoon (0.001) at the level p<0.05. The values of hydrogen ion concentration of water varied from (6.55-7.93) (Velasco et al. 2019).

Table 6. Multiple Comparisons

Tukey HSD

| Dependent Variable	(I) SEASONS	(J) SEASONS	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
						Lower Bound	Upper Bound
pH	1	2	0.2225	0.19991	0.53	-0.3357	0.7807
		3	-0.6625*	0.19991	0.022	-1.2207	-0.1043
	2	1	-0.2225	0.19991	0.53	-0.7807	0.3357
		3	-0.8850*	0.19991	0.004	-1.4432	-0.3268
	3	1	0.6625*	0.19991	0.022	0.1043	1.2207
		2	0.8850*	0.19991	0.004	0.3268	1.4432
TEMP	1	2	2.5000*	0.677	0.012	0.6098	4.3902
		3	14.5000*	0.677	0.001	12.6098	16.3902
	2	1	-2.5000*	0.677	0.012	-4.3902	-0.6098
		3	12.0000*	0.677	0.001	10.1098	13.8902
	3	1	-14.5000*	0.677	0.001	-16.3902	-12.6098
		2	-12.0000*	0.677	0.001	-13.8902	-10.1098
DO	1	2	-0.025	0.51572	0.999	-1.4649	1.4149
		3	-0.2	0.51572	0.921	-1.6399	1.2399
	2	1	0.025	0.51572	0.999	-1.4149	1.4649
		3	-0.175	0.51572	0.939	-1.6149	1.2649
	3	1	0.2	0.51572	0.921	-1.2399	1.6399
		2	0.175	0.51572	0.939	-1.2649	1.6149
SPECIES NO	1	2	-5.5	6.38357	0.676	-23.323	12.323
		3	-3.25	6.38357	0.869	-21.073	14.573
	2	1	5.5	6.38357	0.676	-12.323	23.323
		3	2.25	6.38357	0.934	-15.573	20.073
	3	1	3.25	6.38357	0.869	-14.573	21.073
		2	-2.25	6.38357	0.934	-20.073	15.573
SPOTS	1	2	0	0.91287	1	-2.5487	2.5487
		3	0	0.91287	1	-2.5487	2.5487
	2	1	0	0.91287	1	-2.5487	2.5487
		3	0	0.91287	1	-2.5487	2.5487
	3	1	0	0.91287	1	-2.5487	2.5487
		2	0	0.91287	1	-2.5487	2.5487
SALINITY	1	2	1.2	0.70662	0.258	-0.7729	3.1729
		3	1.775	0.70662	0.077	-0.1979	3.7479
	2	1	-1.2	0.70662	0.258	-3.1729	0.7729
		3	0.575	0.70662	0.704	-1.3979	2.5479
	3	1	-1.775	0.70662	0.077	-3.7479	0.1979
		2	-0.575	0.70662	0.704	-2.5479	1.3979

Based on observed means. The error term is Mean Square (Error) = .999.
* The mean difference is significant at the .05 level.

The marginal means of pH value (Fig.2 A) in the pre-monsoon season ranged between7.00-7.20 and in the monsoon was low (below 7.00) and in post- monsoon was high. It was minimum in monsoon at S1 and maximum in post monsoon time in S3. River water with a pH 5.5 and below is particularly at risk (Sulochanan and Muniyandi 2005). The graphical representation of temperature value (Fig.2 B) showed a lower temperature in post monsoon season than the monsoon season and the surface water temperature high in pre-monsoon season. The minimum

temperature (16°c) was recorded in post monsoon period (December, 2019) in station S3 and the maximum temperature (33°c) in summer season (May, 2019) in S4. The surface water temperature depends on the intensity of solar radiation, evaporation, tidal flow etc. similar findings reported in the previous studies (Thangaraj 1984; Raju et al. 2016; Cheung et al. 2018; Roy and Shamim 2020a; Rahman 2021).

Figure 2 (A-E): Shows the graphical representation of the relation with pH, temperature, DO, specimen no and salinity in respect to the season of *Sillaginopsis panijus* (Hamilton, 1822) from Rupnarayan river, West Bengal.
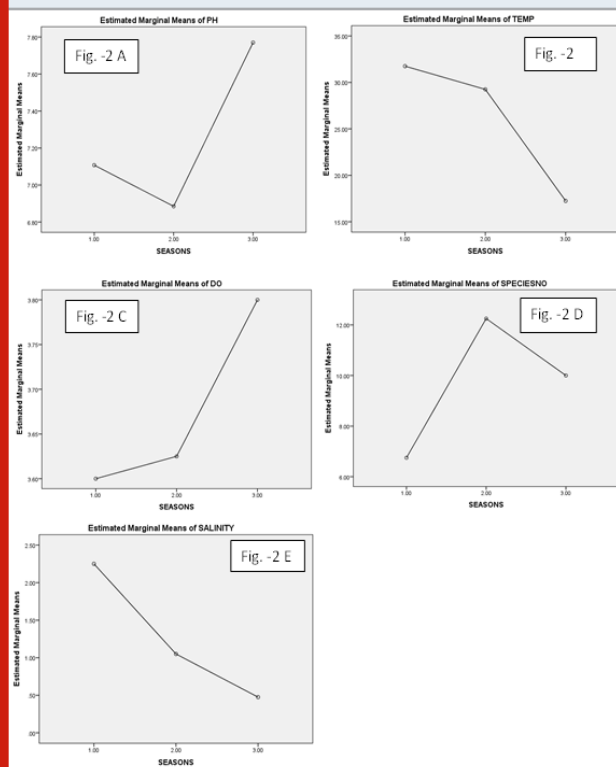
The estimated marginal means of dissolved oxygen (DO) represented in (Fig.2 C) low level in pre-monsoon and in post-monsoon it was higher than the monsoon period. Dissolve oxygen (DO) is one of the most important parameters which reflects the physical and biological processes of water (Kibria 2017). The average concentration of DO in the water body varied 3.0- 5.6 during the study time. The minimum DO was recorded in the post monsoon season in S1 and maximum in S3 station. The individuals of *S. panijus* were established in a larger number in monsoon season than post-monsoon and a very few in pre-monsoon season (Fig.2 D). Salinity was observed throughout the study period, minimum salinity (0.1ppm) recorded in post-monsoon season in S1 & S2 and the maximum salinity (4.0ppm) in pre-monsoon season in S4.

The salinity ranged lower in the post-monsoon season than the monsoon and salinity level was high in the pre-monsoon season (Fig.2 E). The present result agrees with the result of Mahapatro et al. (2017), that fish always seek better environmental conditions and they extended their habitat

and geographical location due to environmental changes which depends on variable environmental parameters, as a result the species distributed in new areas far from their natural habitat (Hamilton 1822; Hanif et al. 2017; Cheung et al. 2018). The different parameters in an optimum level control the water quality which helps the proper growth of aquatic life (Roy et al. 2021). Several studies on different rivers in India were conducted and portrayed the deterioration of the water body and depletion of valuable aquatic life in its natural habitat (Roy and Shamim 2020a; Rahman 2021).

CONCLUSION

The findings of the present study ensure the presence of *Sillaginopsis panijus* as a first-time record ever in the upstream and downstream of the Rupnarayan river of West Bengal, India. Present morphometric study describes thorough and vivid comparison among individuals in a species qualitatively. It provides the basic information for fishery management and research. The S. panijus population size is found larger in monsoon than post-monsoon and smaller in pre-monsoon season. This seasonal and morphometric study could be used as primary information in the near future in fish research and management.

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Ethical Clearance Statement: The Current Research Work Was Ethically Approved by the Intuitional Review Board (IRB) of Raja Narendra Lal Khan Women's College Medinipur, West Bengal, India.

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