

Experimental protection of ESBL producing *Salmonella typhi* bacteremic induced mice model by ϕ GRCST; a therapeutic approach

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ABSTRACT

Salmonella typhi specific bacteriophage i.e. ϕ GRCST exhibited potential bacteriolytic activity against n=4, ESBL producing *S. typhi* isolates in vitro. The ϕ GRCST possesses an icosahedral head with 50 nm size and contractile tail belongs to Myoviridae Vi01-like family. The experimental outcome of in vivo studies in BALB/c mice induced with *S. typhi* bacteraemia treated with 1.5×10^7 PFU ϕ GRCST showed 100% survival with zero causality was recorded. On contrary, only 67% and 83% survival rate was observed in the group of mice which received standard antibiotic ciprofloxacin. The IgG and IgM titres of anti-phage GRCST antibodies were detected, with increased 4100 fold, 600 fold respectively. This result demonstrates that the antibodies elicited by ϕ GRCST are non-neutralizing.

KEY WORDS: BALB/C MICE, ESBL, ϕ GRCST, IN VIVO, IGG, IGM, SALMONELLA TYPHI

INTRODUCTION

The Viruses or Bacteriophage which infects bacteria were discovered in 1915 by Frederick Twort. The era of "bacteriophage" was begun with the seminal publication by Felix D'Herelle in 1917, demonstrating "un bacteriophage obligatoire" means "a bacteriophage mandatory".

Total of 13 microbiologists worked together integrate the applications of phages in the field of medicine. Till date, over 6000 various bacteriophages were discovered, which includes 6196 bacterial and 88 archaeal viruses, identified morphologically and classification was accomplished (Ackermann et al., 2012). Morphologically, the majority of these phages consisting contractile tail

Article Information:*Corresponding Author: ckelmani@gmail.com

Received 13/01/2019 Accepted after revision 22/03/2019

Published: 30th March 2019 Pp- 17-25

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Published by Society for Science & Nature, Bhopal India.

Available at: <https://bbrc.in/>

Article DOI: <http://dx.doi.org/10.21786/bbrc/12.1/3>

with polyhedral, filamentous or pleomorphic head types. The classification of phages so far has been achieved significantly based on their genetic content (DNA vs. RNA), their morphology, and their limited host range i.e. specific host (Deghorain *et al.*, 2012).

Increasing case studies of antimicrobial resistance and relented discoveries and development have propelled the researchers to search for an alternative therapy has led to the revitalization of bacteriophage (phage) studies in the Western world. Recently, WHO Listed, a global priority pathogens consist of 12 bacterial species categorized into critical, high and medium priority based on their level of resistance and availability of therapeutics pathogens (Tacconelli *et al.*, 2018). While this is a contentious figure (De Kraker *et al.*, 2016), it nonetheless highlights the serious problem we face regarding therapeutic options for multi-drug resistant (MDR) bacterial infections (Bassetti *et al.*, 2017).

Phage therapy; obligatory lytic phages were employed to kill the specific bacterial hosts, without causing damage to human host cells and nullifying the impact on commensal bacteria. Rapid evolving of phage therapy has resulted in resolving life-threatening clinical cases. Currently, antibiotic alternative facing the regulations and policies surrounding clinical use and application beyond compassionate cases (Furfaro *et al.*, 2018).

In the year 1919, phage therapy was the first time practiced in human beings at the hospital des Enfants Malades in Paris, France, when D'Herelle successfully treated many children's who were suffering from severe dysentery by using phages as a therapeutics, he has isolated these infective phages in Pasteur Institute, from stools of soldiers (Sulakvelidze *et al.*, 2005).

Salmonella bacteria are often health hazards, associated with a million food borne illnesses per year in the US. Bacteriophages have been specifically used to identify *Salmonella* species and may also be useful in therapy and prophylaxis of *Salmonella* infections. The phage FelixO1 was first used in 1943 by Felix and Callow as part of a "phage-typing" system for the identification *Salmonella typhi* (Anderson *et al.*, 1953).

First commercial phage produced by Theodore Mazure, in which contains, cocktails—Bacté-Coli-Phage, Bacté-Intesti-Phage, Bacté-Dysentérie-Phage, Bacté-Pyo-Phage and Bacté-Rhino-Phage (Abedon *et al.*, 2011). Henri de Montclos, chief clinical microbiologist at Pasteur Institute of Lyon, for 10 years, his research team has produced first anti-staphylococcal vaccines and therapeutic phages in the year early 1990s. The bacteriophages were administered to treat the "acute colitis" due to infections of *Shigella* or *Salmonella* in Georgia (Mike-ladze *et al.*, 1936). Potential administration of Bacté-Pyo-Phage and Bacté-Intesti-Phage, undiluted resulted in drastic reduction of mortality rate from 85% to 20%.

Therapeutic application of bacteriophage started in Eastern Europe and the former Soviet Union, currently it's been applied widespread as a part of health care systems. However, the efficiency of phage therapy is investigated according to rigorous scientific standards and presented a list of key criteria for consideration and reporting of phage therapy studies (Kutter *et al.*, 2010; Abedon, 2017; Villarroel *et al.*, 2017). Information critical to the success of clinical trials includes the adequate characterization and selection of phages as well as of the subjects (humans) and the target bacteria., in addition to that, the choice of appropriate disease targets for phage therapy (Harper, 2018). On the other hand, it may be that broad-host range phages are more common than is currently believed, due in part to biases in phage isolation methods (De Jonge *et al.*, 2018); this disparity deserves much further research.

However, recent research and its outcomes suggest that bacteriophage therapy is the appropriate treatment to cure *Salmonella* associated infections. Majorly typhoid fever was treated with bacteriophages by Tsouloukidze *et al.*, 1936 (Tsulukidze *et al.*, 1936); who successfully treated twenty patients suffering from peritonitis due to intestinal perforations in typhoid fever (Abedon *et al.*, 2011). There are some published reports of successful treatment against *Salmonella*-associated disease with prophylactic phage therapy in treating Russian soldiers suffering from dysentery during and after World War II (Kutter *et al.*, 2009). The reports suggest that, it has been already practiced in broiler chickens. The bacteriophages were able to reduce *S. enteritidis* counts on chicken skin at refrigeration temperature and short contact time (Atterbury *et al.*, 2007). In addition, the decrease of *S. enteritidis* count on artificially-contaminated chicken skin after phage treatment corresponded to the reduction achieved by chemical agents commonly used in the poultry industry. A significant breakthrough is, bacteriophages were used as biocontrol agents in Pigs to control the infection, according to the study conducted by Albino *et al.*, 2014; and the outcome of the study was a significant reduction in the colonization of *Salmonella* in pigs administered with pool of bacteriophages (Albino *et al.*, 2014)

MATERIALS AND METHODS

Phage Isolation, Production, and Titration

ESBL resistant strain *S. typhi* BST 51 was used to specific host isolate bacteriophage from raw sewage samples. The sewage sample was collected from various places of Kalaburagi. The sample was filtered with sewage was filtered with filter paper, and subsequently 40 ml of sewage was added to the 10 ml of 10X LB broth, inoculated

with *S. typhi* BST 51 strain and incubated for 18–24 hr. The media was centrifuged at 10000 rpm for 10 min and the supernatant was collected and subsequently filtered using a 0.2 μm syringe filter (Melo *et al.*, 2014b).

Screening of GRCST (G: Gulbarga, R: Rahul, C: Chandrakanth Kelmani, S: *Salmonella*, T: *Typhi*) bacteriophage was accomplished by plaque assay method i.e. agar overlay technique. The LB agar plates were prepared, 0.1 ml of supernatant was serially diluted in 0.9 ml of LB media from 10^1 – 10^{10} in 1.5 ml eppendorf tubes 0.5 ml of test culture *S. typhi* BST 51 with 0.1 O. D was equally distributed to another set of 10 eppendorf and labelled for each dilution tubes subsequently 0.1 ml serially diluted filtrate was added to the respective tubes containing 0.5 ml of *S. typhi* BST51 bacterial culture labelled with respective dilution, incubated for 10–15 min. Each labelled tube was taken and uniformly mixed with LB soft agar containing 0.6% agar in a molten state at a temperature of 40 °C– 45 °C. Thereafter soft agar was overlaid on LB hard agar plates containing 2% agar and kept for incubation at 18–24 hr. Plaque formation on agar plates indicates bacteriophage positive (Mazzocco *et al.*, 2009; Kropinski *et al.*, 2009).

Phage purification and storage

An isolated colony of *S. typhi* BST 51 strain was inoculated into the LB broth, the culture was allowed to attain an OD of 0.1, and then infected with ϕGRCST of 2×10^7 PFU, the culture was co-cultivated for 18 hr at 37 °C in a shaking incubator (240 rpm). Polyethylene glycol-8000 (PEG) or NaCl was added to the lysate to a final concentration of 20% or 0.5 M respectively and incubated at 1 hr at 4 °C. After centrifugation at 10,000 rpm (16 min at 4 °C) in a sorvall RC5B centrifuge, polyethylene glycol (PEG-8000) was added to the supernatant to a final concentration of 10%. The lysate was incubated overnight at 4 °C with gentle stirring. Polyethylene glycol-precipitated phage was collected by centrifugation at 15,000 rpm for 20 min. The resulting pellets were resuspended in 3 ml of SM phage buffer (20 mM Tris-HCL [PH 7.4], 100 mM NaCl, 10 mM MgSO_4), filtered through 0.2 μm bacterial filters and phage filtrate was recovered and dialyzed against phage buffer. Purified phage GRCST was stored in aliquots of phage buffer at- 20 °C (Sambrook and Russell, 2001)).

Transmission Electron Microscopy

The morphology of ϕGRCST particles was observed by transmission electron microscopy, as previously described (Melo *et al.*, 2014b). A drop of Purified phage GRCST suspension was fixed with fixative. Samples were dehydrated with series of ethanol series, passed through a “transition solvent” such as propylene oxide and then infiltrated and embedded in a liquid resin such

as epoxy and LR White resin. The processed suspension was applied to a Farmvar carbon coated grid for 5 min; subsequently stained with 2% uranyl acetate. The grids were examined in a Transmission Electron Microscope at 200kv (2000X – 1500000 X) (Ayache *et al.*, 2010).

ANIMAL EXPERIMENT

Selection of Animals

Disease free, healthy and active BALB/c mice breed were selected for *in vivo* studies. Both female and male mice were chosen for the experimental purpose with animals weighing in the range of 20–30 gm. Animals were obtained from Sri Venkateswara Enterprises, Bangalore, approved by the institute of Animal Ethics Committee (237/99/CPCSEA). Animals were nourished under controlled climate conditions and fed with standard pellet (VRK Nutrition and Solutions, Sangli, Maharashtra, India Ltd.), and provided sufficient amount of potable water for drinking. Animals were kept for 10 days before experimentation to acclimatize for laboratory conditions. The animals were housed and the entire experiment was carried out in Luqman Pharmacy College, Kalaburagi).

Selection of pathogen and induction of bacteraemia

Salmonella typhi BST 51 (Blood *Salmonella typhi* 51) selected for induction of typhoid fever in experimental mice. *S. typhi* BST 51 strain has been chosen based on its resistance power to n=7, antibiotics and exhibited a high range of MIC to cefetoxime and also capable of producing ESBL. The selected pathogen was inoculated in LB broth, after 8–12 hr incubation, growth reached 0.2 O.D. Thereafter it was serially diluted in 0.1M PBS and CFU (Colony forming units) was calculated. Subsequently, 10^7 – 10^9 CFU was administered to experimental mice intraperitoneal to determine the MLD (Minimum Lethal Dose).

Efficacy of bacteriophage in challenged BALB/c mice

Experimental animals (BALB/c) mice were divided into six groups and each group consist of 6 animals each. The doses were fixed and prepared in PBS and administered intraperitoneal (i.p). Mice from the group I received only PBS as a control, Group II animals administered with *S. typhi* BST 51 (2×10^9 CFU) diluted in PBS, Group III animals administered with only GRCST phage (1.5×10^7 PFU) to check the lethality of phage on Mice. Group IV animals (Mice) represents (Test group), Group V and VI animals represent (Standard) challenged with *S. typhi* BST 51 (2×10^9 CFU) by intraperitoneal injection to induce typhoid. Thereafter, 20 mins induction, Group IV (Test) Mice received a ϕGRCST (1.5×10^7 PFU), and similarly Group V and VI animals received standard ciprofloxacin

Table 1. Group wise distribution of mice with intraperitoneal administration with various inducing agents

	Groups	
Control	Group I	Mice+PBS
Control	GroupII	Mice + <i>S. typhi</i> BST 51 (2×10^9 CFU)
Control	Group III	Mice + phage GRCST (1.5×10^7 PFU)
Test	Group IV	Mice + <i>S. typhi</i> BST 51 (2×10^9 CFU) + ϕ GRCST (1.5×10^7 PFU)
Standard	Group V	Mice + <i>S. typhi</i> BST 51 (2×10^9 CFU) + Ciprofloxacin (1mg/ml)
Standard (Multiple doses)	Group VI	Mice + <i>S. typhi</i> BST 51 (2×10^9 CFU) + Ciprofloxacin (1mg/ml)

antibiotic substituting bacteriophage. In Group VI ciprofloxacin were administered in multiple doses, daily up to 7 days. All the six groups were kept in hygienic condition with a continuous supply of food and water for 14 days. The significant observation made and results were recorded (Table 1).

Determination of immunologic response against ϕ GRCST in mice

Introduction of bacteriophage in human body as a therapeutic agent cause significant stimulation of humoral immunity subsequently leads to production of antibodies. According to previous reports it is a potent antigen causes no toxic effect on health of humans. During experiment BALB/c mice were treated with ϕ GRCST (1.5×10^7 PFU) through i.p injection. At various time point, mice blood was collected from optic vein and subsequently subjected for ELISA (Enzyme Linked Immunosorbent Assay) for the detection of antibody titres of IgG and IgM antibody in serum of experimental mice described by Biswas *et al.*, 2002.

ELISA is a semi-quantitative method used to determine the concentration of primary antibody in serum in antigen coated wells. In ELISA detection was done based on positive enzyme-substrate reaction makes change in colour.

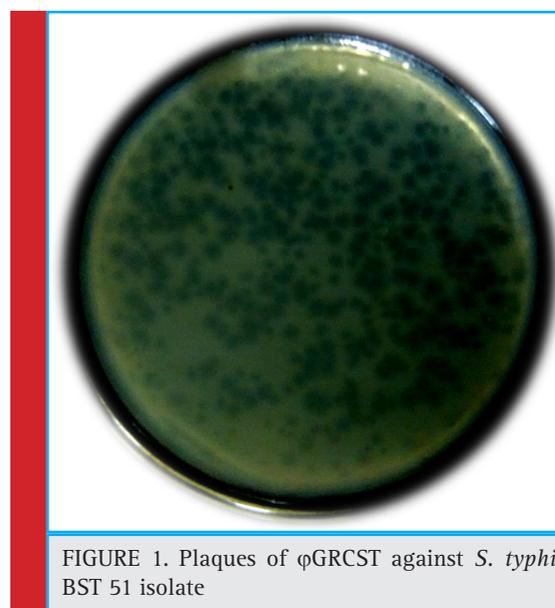
RESULTS

Isolation and Morphology of Salmonella typhi specific ϕ GRCST

The plaque formation indicates the presence of *S. typhi* specific bacteriophage i.e. ϕ GRCST (Fig 1). TEM results revealed that ϕ GRCST (G: Gulbarga, R: Rahul, C: Chandrakanth Kelmani, S: *Salmonella*, T: *Typhi*) possesses an icosahedral head with 50 nm size and contractile tail as shown in figure belongs to *Myoviridae* Vi01-like family (Fig 2).

Broad Host Range Screening

In order to investigate the broad host specificity of ϕ GRCST exhibited potential bacteriolytic activity against n=4 (BST 43, BST 94, BST 130, BST 141), ESBL

FIGURE 1. Plaques of ϕ GRCST against *S. typhi* BST 51 isolate

producing *S. typhi* isolates among n=9 selected isolates. The plaque formation was observed against (n=4) tested isolates (Fig 3 and Table 2)

ANIMAL EXPERIMENTS

Experimental induction of *S. typhi* BST 51 strain in BALB/c mice and determination of Minimum Lethal dose (MLD)

No causality was reported in the first group mice, which received 1XPBS and were proactive and healthy. Consequently, only 83 % of mice survived in group II mice which received until the 7th day of experimentation. However, we observed the 100% mortality in III group on day 7 but in contrast, 100% mortality was recorded on 4th day itself in group IV. Based on the observation 2×10^9 CFU was determined as MLD (Fig 4)

Treatment and rescue of experimentally challenged BALB/c mice with ϕ GRCST

The comparative study was carried out to evaluate the efficacy of phage GRCST with Standard antibiotic (cip-

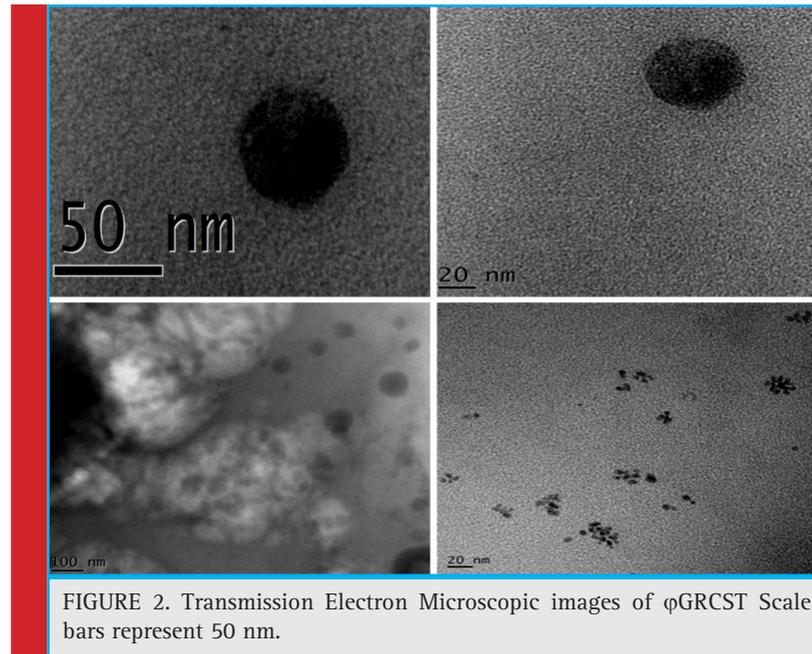


FIGURE 2. Transmission Electron Microscopic images of ϕGRCST Scale bars represent 50 nm.

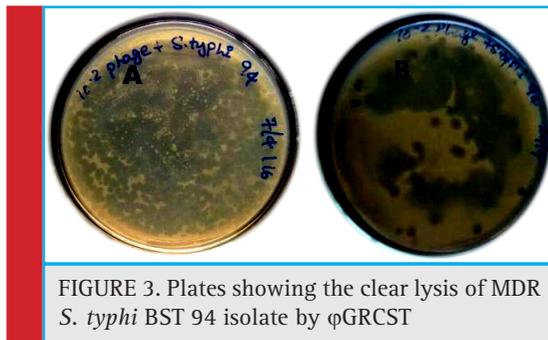


FIGURE 3. Plates showing the clear lysis of MDR *S. typhi* BST 94 isolate by ϕGRCST

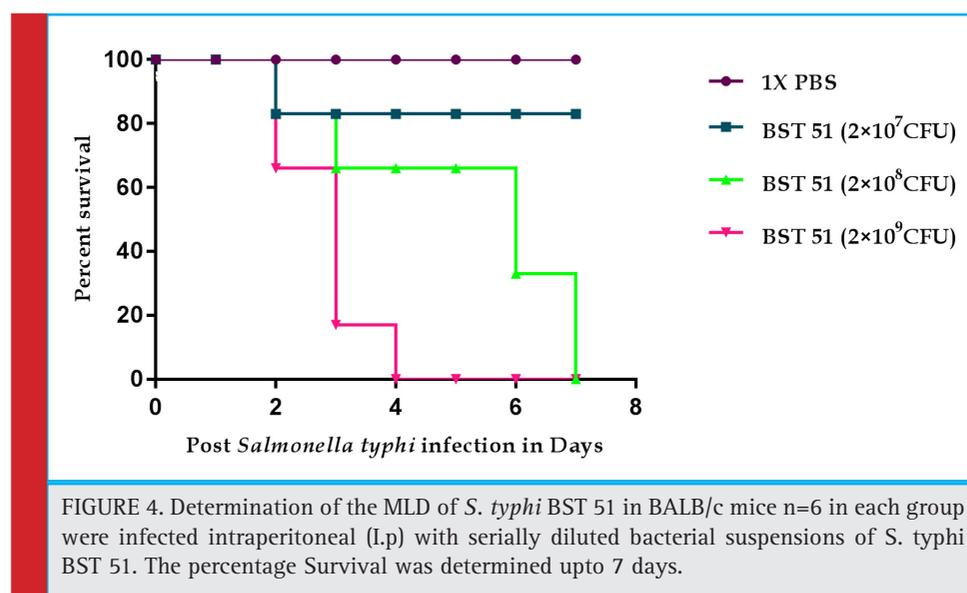
rofloxacin). The observation made on daily basis up to 14 days and data was recorded and represented in the graph. According to the observation made, there was 100% rescue was accomplished challenged BALB/c mice treated with 1.5×10^7 PFU ϕGRCST, comparatively

67% and 83% survival rate was observed in the group of mice which received standard antibiotic ciprofloxacin in a single dose and in multiple doses for treatment. The multiple doses were given on daily basis and results obtained were represented in statistical graph (Fig 5).

The host immune response against phage GRCST in BALB/c mice

The blood was collected from the optical vein of BALB/c mice (n=6) and serum was separated, both IgG, IgM titres of anti-phage GRCST antibodies were detected, subsequently increased with 4100 fold, 600 fold respectively in both the cases (Fig 6 and Fig 7). Incubation of phage GRCST with an excess of mice anti-phage GRCST antibodies did not interfere with phage’s capacity to lyse susceptible bacteria. This result demonstrates that the antibodies elicited by ϕGRCST are non-neutralizing.

Table 2. Bacteriolytic activity of ϕGRCST against MDR <i>S. typhi</i> isolates			
<i>S. typhi</i> isolates	Bacteriophage	Plaque formation	Growth inhibition
BST 42	ϕ GRCST	Negative	Negative
BST 43	ϕ GRCST	Positive	Positive
BST 48	ϕ GRCST	Negative	Negative
BST 51	ϕ GRCST	Positive	Positive
BST 72	ϕ GRCST	Negative	Negative
BST 94	ϕ GRCST	Positive	Positive
BST 103	ϕ GRCST	Negative	Negative
BST 107	ϕ GRCST	Negative	Negative
BST 130	ϕ GRCST	Positive	Positive
BST 141	ϕ GRCST	Positive	Positive



No significant difference was found in BALB/c mice IgG and IgM titres against ϕ GRCST. The anaphylactic reactions were negative, and no changes in animal behaviour, no significant changes in the body temperature or no other side effects were observed in both the groups.

DISCUSSION

Over the years, application of phages as therapeutic alternatives or complements to antibiotic therapy has been evaluated extensively (Viertel *et al.*, 2014) and has even been listed by the US National Institute of Allergy and Infectious Diseases as one important approach to combat antibiotic resistance (Reardon, 2014).

In the present study, the isolated ϕ GRCST effectively infective to MDR *S. typhi* BST 51 strain (ESBL producing isolate) from sewage sample. *In vitro* experiments showed remarkable antibacterial activity against the *S. typhi* BST 51; plaque formation indicates the presence of bacteriophage. The broad host range study of ϕ GRCST, demonstrated the efficiency of ϕ GRCST potentially lysed n=4 (44.44%), ESBL producing *S. typhi* isolates (Table 2). The positive plaque formation was observed in all (n=4) *S. typhi* strains (Fig 2). Similarly, host range screening was carried out by Wang *et al.*, 2016; with Phage 5460 potentially lysed 12 out of 18 *P. mirabilis* strains (67%), three out of six *P. vulgaris* strains and one tested *P. penneri* strain; while phage 5461 killed all (100%) of the *Proteus* spp. tested.

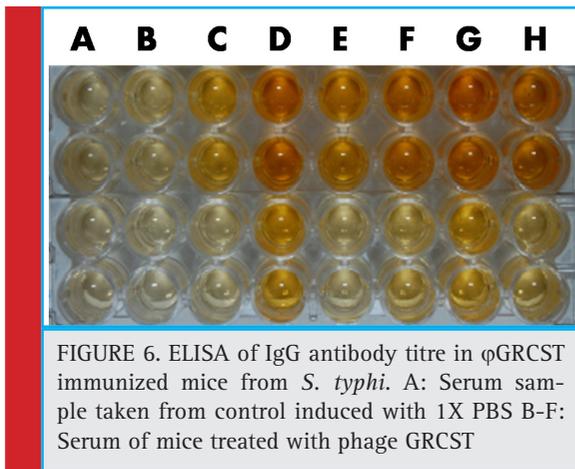
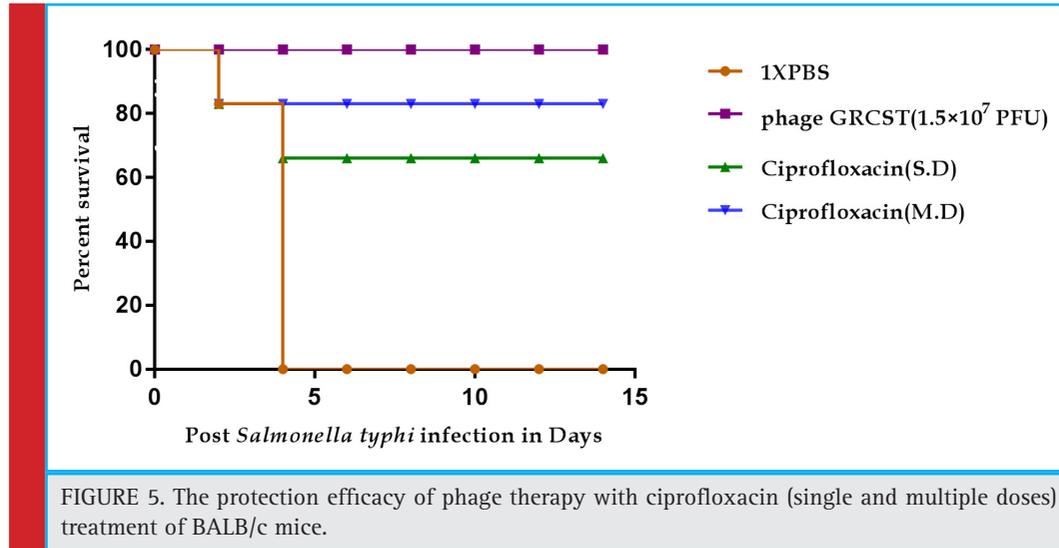
Transmission Electron Microscopic (TEM) study of ϕ GRCST revealed that our phage belongs to *Myoviridae* family. The phages which exhibit tail were classified in the order Caudovirales (dsDNA) (Ackermann *et al.*, 2006). This study was concentrated on the bacteriophage in the field of therapeutics, which act against MDR *S. typhi*,

the characteristic feature ϕ GRCST possesses an icosahedral head with size 50 nm with contractile tails consisting of a sheath with a central tube (Fig 2); it belongs to *Myoviridae* Vi01-like family of phages containing *S. typhi*-specific Vi01 (Hooton *et al.*, 2011).

In vivo studies conducted in the BALB/c mice model (weighing from 20-30 gms) for the experimental examination of the efficacy of ϕ GRCST. The mice models were showed the effective of prevention of infection caused by antibiotic-resistant bacteria (Wang *et al.*, 2006; Caparelli *et al.*, 2007; Vinodkumar *et al.*, 2008). In the present study, successfully experimented the *in vivo* efficacy of ϕ GRCST against *S. typhi* BST 51 infected mice model and obtained moderate results.

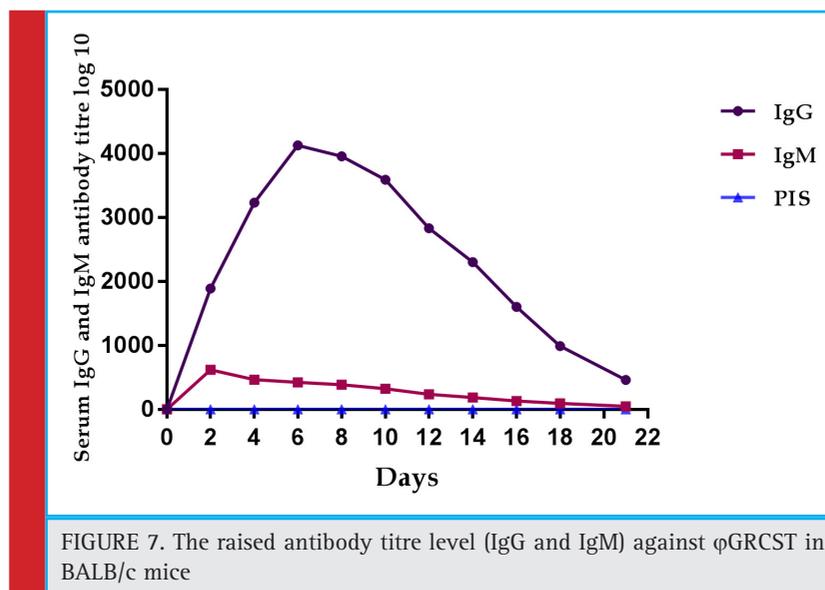
The minimum lethal dose (MLD) was determined by intraperitoneal administration of 2×10^7 CFU, 2×10^8 CFU and 2×10^9 CFU bacterial dose. Total of 100% survival rate was recorded in 1X PBS induced mice. Only 83% survival rate was observed in mice received 2×10^7 CFU bacterial dosage. The comparative study was carried out to evaluate the efficacy of ϕ GRCST with standard antibiotic (ciprofloxacin). The 100% rescue was accomplished in challenged BALB/c mice treated with 1.5×10^7 PFU phage GRCST, comparatively, 67% and 83% survival rate was observed in the group of mice which received standard antibiotic ciprofloxacin in a single dose and in multiple doses for treatment. The multiple doses were given on daily basis (Fig 4). Relatively, the similar kind of experiment was conducted on *S. paratyphi B* infected mice and successfully rescued by treating with phage $\Phi 1$ (Wang *et al.*, 2006).

The therapeutic effect of ϕ GRCST was successfully achieved *in vivo*, the given phage (1.5×10^7 PFU) administered along with saline showed no side effects on health



and behavior of the experimental animals. Thus, phage rescue experiments could be conducted by without bias (Uchiyama et al., 2008).

The immunology of phages has been a subject debate over the years. The potential induced phages in; in vivo, subsequently lead to the humoral immune responses ultimately results in the inactivation of phage virion particles. There were some early assumptions; Kucharewica-Krukowska and Slopek, 1987, phage therapy in both animals and patients subsequently affect the patients immunity, by stimulating the immune system and subsequent production of anti-phage antibodies production of neutralizing antibodies, rapid emergence of phage-resistant bacterial strains (Stent, 1963; Lederberg, 1996; Cairns et al., 2009) and efficacy of phages only when



administered shortly after bacterial infection (Bull *et al.*, 2002); are the most frequent criticisms of the clinical use of phages. Recently, similar kind of studies were conducted by Wang *et al.*, (2016); comparatively results obtained were very much similar to the activity of Phage SLPW showed a broad host range and high efficiency of plating against various types of *S. aureus*. Phage SLPW remained stable under a various temperatures or pH range. Further, it efficiently lysed MRSA strains *in vitro* and *in vivo*. Intraperitoneal phage administration at 1 h post-infection cured the mice and reduced the bacterial expression of inflammatory cytokines in mice (Wang *et al.*, 2016).

Titre of IgG and IgM was well measured BALB/c mice after a single dose of ϕ GRCST induction, the background titre was increased significantly with 4100 fold, and 600 fold respectively (Fig 6 and Fig 7). Incubation of phage GRCST with an excess of mice anti-phage GRCST antibodies did not interfere with phage's capacity to lyse susceptible bacteria. This result demonstrates that the antibodies elicited by phage GRCST are non-neutralizing. The similar kind of immune response study was conducted in phage ϕ 1 against Salp572 (*S. paratyphi B*) with an elevated level of mice anti- ϕ 1 antibodies did not interfere with phage's capacity to lyse phage-susceptible bacteria. This result demonstrates that the antibodies elicited by phage ϕ 1 are non-neutralizing (Capparelli *et al.*, 2010). This study clearly emphasizes that mice does produce antibodies against induced phages but they are non-neutralizing. Indeed, Gorski *et al.*, 2006 (Górski, *et al.*, 2007); have provided enough evidence of a positive impact of phages on immune system functioning and have explored potential phage anti-tumour properties mediated through observed shifts in levels of various cytokines as a consequence of interactions between extra decorative head proteins with surface proteins of certain immune-system cells (Budynek *et al.*, 2010). The immune response to ϕ GRCST was not associated with anaphylaxis or other adverse immunological reactions. The anaphylactic reactions were negative, and no changes in animal behavior, no significant changes in the body temperature or no other side effects were observed in both the group

CONCLUSION

The bacteriophage therapy will serve for better perspective, with minimum side effects. The present investigation attempted to find and characterize a bacteriophage infective against the multidrug resistant and ESBL producing *S. typhi*. Our explored phage was lytic against many MDR *S. typhi* isolates, it's *in vivo* efficacy proved as an excellent therapeutic agent. The significant outcome of our conducted study a single dose of 1.5×10^7

PFU of phage GRCST successfully eliminated bacteria from mice circulatory system without influencing the host immune system and rescued infected mice, compare to antibiotics failed to rescue all infected mice. Hence, we conclude that our explored ϕ GRCST is clinically more efficient than earlier reported; further characterization like whole genome sequencing and identification and cloning of genes coding for bacterial lysis of the ϕ GRCST may prove as an excellent alternative therapeutic agent. Based on our observations of this study, phage therapy can be used as an alternative therapy for those patients not responding to antibiotic treatment.

CONFLICT OF INTEREST

The authors declare of no conflict of interest in conducting this study.

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