

## Identification of *Plasmodium* species from outdated blood samples by nested-PCR compared with microscopy diagnosis in Jazan region, Saudi Arabia

O. M. Dafalla<sup>1</sup>, A. A. Alsheikh<sup>1</sup>, Abakar A. D.<sup>2</sup>, W. S. Mohammed<sup>1</sup>, Bakri Y. M.Nour<sup>3</sup>, Shrwani K. J<sup>1</sup> and E. M. Noureldin\*<sup>1</sup>

<sup>1</sup>National Center for Vector-Borne Diseases, MoH-Jazan, Saudi Arabia

<sup>2</sup>Department of Medical Parasitology, Faculty of Medical Laboratory Sciences, University of Gezira, Sudan

<sup>3</sup>Department of Parasitology, Blue Nile National Institute for Communicable Diseases, University of Gezira, Sudan

### ABSTRACT

Precise diagnosis of plasmodium species is essential for accurate and prompt malaria control and elimination. The present study was conducted to assess the efficiency of malaria parasites' diagnosis by microscopy and nested-PCR techniques in Jazan region. Eight hundred eighty four samples were collected from hospitals and malaria control centers of the eleven Governates of Jazan region to confirm their microscopy diagnosis for Plasmodium species. One hundred thirty eight (15.6%) samples were randomly selected from the saved positive microscopy confirmed samples. The samples were re-diagnosed by microscopy for plasmodium species and found positive for two plasmodium species (128 for *P. falciparum* [92.8%] and 10 for *P. vivax* [7.2%]). But no other *plasmodium* species or mixed-infections were detected. On other hand, the diagnosis by nested-PCR indicated 119 (86.23%) and 6 (4.35%) mono infection by *P. falciparum* and *P. vivax*, respectively. In addition, the method detected also 13 (9.42%) mixed-infections with both *P. falciparum* and *P. vivax*. Considerable numbers of species mismatch and under-reporting of mixed infections had been noticed in the diagnosis of malaria by microscopy alone in Jazan region. The nested-PCR is valuable technique as a confirmatory test and should be considered by reference laboratories in the region and other malaria endemic regions of the Kingdom of Saudi Arabia.

**KEY WORDS:** MALARIA, JAZAN, SAUDI ARABIA, PLASMODIUM SPECIES, MICROSCOPY, NESTED-PCR

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\*Corresponding Author:

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## INTRODUCTION

Malaria is considered one of the most life-threatening pathogens capable of infecting human communities. Malaria infection is caused by parasites belonging to the genus *Plasmodium*. More than 100 species of *Plasmodium* have been identified and five species are capable of infecting humans; these species are *Plasmodium vivax* (the most widely spread parasite in the world), *Plasmodium falciparum* (a fatal malaria parasite causing a high mortality rate, ~90%), *Plasmodium malariae*, *Plasmodium ovale* and *Plasmodium knowlesi* (a newly discovered malaria-causing parasite). Transmission of the infectious agent is caused by the bite of female *Anopheles* mosquitoes, which is the vector of this parasite (Cowman and Crabb, 2006). Around fifteen *Anopheles* species are found in Saudi Arabia and four species are recognized as malaria vectors; these vectors are *Anopheles gambiae* (*arabiensis*), *Anopheles Superpictus*, *Anopheles stephensi*, and *Anopheles sergentii* (Sebai, 1988; Zahar, 1985 and CDC, 2016).

Recent figures suggest that approximately 3.2 billion people are at risk of malaria transmission due to several reasons, including immigration, international travel, poverty, lack of health system infrastructure, wars and emergence of multi-drug resistance. (Cowman and Crabb, 2006; Sebai, 1988; WHO, 2014; Askling *et al.*, 2005). Because of proactive international health programs for combating malaria, the mortality rates have gradually decreased to around 438,000 deaths in 2015 (WHO, 2016).

According to the WHO, Saudi Arabia is known as a malaria epidemic country with around 5% of the population at risk of transmission malaria (about 2.4 million people), particularly in its South Western regions of Tihama area, where more than 50% of all malaria cases in the country are reported. This is mostly related to travel and immigration with reports suggesting that from 2000 to 2014, more than 5500 of diagnosed malaria cases were local compared to over 9900 imported cases. *Plasmodium falciparum* causes over 90% of the malaria cases in the coastal plains along the Red Sea in southern and southwestern parts of the Kingdom of Saudi Arabia (Tihama). *Plasmodium vivax* is the predominant species in the northwest regions; whereas *Plasmodium malariae* is scarce. There is still transmission in all the southwestern regions of the country, except for the high altitude regions along the Yemen border in the Assir region. The main transmission season of malaria occurs between October and April and coincides with the rainy season (Al-Sheik, 2011, El-Hassan *et al.*, 2015, Moke *et al.*, 2015).

Accurate and sensitive laboratory diagnosis of malaria is essential for assessing disease severity and prescribing adequate therapy. For the last 100 years,

microscopic examination and identification of *Plasmodium* species in thin and thick blood smears using Giemsa-stain have been considered the gold standard for malaria detection (Perandin *et al.*, 2004). However, several drawbacks were documented in using microscopic examination, including time-consuming sample preparation, misdiagnosis of *Plasmodium* species due to lack of experience by operators, the complexity of examining mixed infection samples and poor sensitivity, especially with low infectious agent numbers (Johnston *et al.*, 2006; Mangold *et al.*, 2005; McNamara *et al.*, 2004). Additionally, immunoassays based on antigen detection also suffer from several disadvantages leading to false results in cases of antigenemia and malaria parasite (Mangold *et al.*, 2005).

Polymerase chain reactions (PCR) based molecular detection can be used for the diagnosis of *Plasmodium* species. This technique has several advantages compared to microscopic examination or immune-assay detection, including speed, high sensitivity, excellent specificity, and very efficient species discrimination (Mangold *et al.*, 2005; Hanscheid, 2003; Jerrard *et al.*, 2002; Morassin *et al.*, 2002; Patsoula *et al.*, 2003). Conventional PCR and real-time PCR methods have the ability to differentiate the mixed infections of *Plasmodium* species and to detect low levels of parasite copies (Mangold *et al.*, 2005; Lee *et al.*, 2002). A nested-PCR technique based on S18 small subunit ribosomal DNA (rDNA) can detect levels as low as five parasite units per micro-liter of blood (Van Hong *et al.*, 2013). Consequently, PCR is a reliable method of detection and can at least be used as a valuable confirmatory technique (Johnston *et al.*, 2006).

In Jazan region, very few studies have been published to demonstrate the incidence of malaria with mixed- *Plasmodium* species infections using nested-PCR and compare it with microscopically confirmed cases of malaria. However, Bin Dajem (2015) reported 1.9% malaria mixed infection cases in the region using nested-PCR. The aim of this study is to confirm the sensitivity of nested-PCR in diagnosis of *Plasmodium* species in outdated blood samples inappropriate for microscopy diagnosis, and to indicate the geographical distribution of *Plasmodium* species and comparing the finding of nested PCR with the previous result of golden standard microscopic examination, in addition to, proving the existence of mixed infection in Jazan region.

## MATERIALS AND METHODS

### STUDY SITE

This study carried out at eleven Governates (Al-Ari-dah, Damad, Twal, Al-Ahad, Jazan Al-Khobah, Samt-



FIGURE 1. The map of Jazan region showing the distribution of different Governates.

tah, Abuareesh, Sabyah, Beash and Al-Darb) in Jazan Region in Southwest Saudi Arabia, lies between 16°-12, and 18°-25, latitude north. The total area of the region is about 22,000 km<sup>2</sup>, with 1.3 million populations (Census 2011). Thirty percent of the population concentrated in six major cities, and the remainders living in over 3500 villages (Al-Sheik, 2011). Jazan region is situated in the subtropical zone and has average monthly temperatures ranging from 25.8°C in January to 33.4°C in July. The average relative humidity ranges between 55% and 72.5%. The rainy season is started at August through October with a monthly average of 77 and 56.7 mm, respectively (Al-Sheik, 2011).

These eleven locations (Fig.1) although with different altitudes and geographical Characteristics, they almost share the same demographical, agricultural, educational, cultural, housing, health system, and environmental characteristics.

### SAMPLES SIZE AND COLLECTION

During 2011-2012 the National Center for Vector Borne Diseases received about 884 samples from the hospitals and malaria control centers of the eleven Governates to confirm their microscopy diagnosis for *Plasmodium*. This research was carried out at the beginning of 2016. One hundred thirty eight (15.6%) samples were randomly selected from the saved positive microscopy confirmed samples. These samples were divided into four groups based on the geographical locations as shown in Table (1) below:

Group No	Governorate
Group 1 (Jazan City)	Jazan
Group 2 (North Jazan)	Sabyah, Beash and AL-Darb
Group 3 (South Jazan)	Samttah, AL-Ahad, Twal and Khobah
Group 4 (East Jazan)	Abuareesh, Damad and AL-Aridah

### DNA EXTRACTION

DNA was extracted from the stored microscopy confirmed plasmodium human blood using Wizard genomic DNA Extraction kit (Promega, U.S.A) following the manufacture’s recommendations: 300 µl of human blood added to 900µl of cell lysis solution in 1.5 tubes and incubate the mixture for ten minutes at room temperature (invert 2-3 times once during the incubation). Then centrifuged at 13000 rpm for 20 seconds at room temperature then the supernatant discarded and the pellet was resuspended by vortex for 15 seconds and 300 µl of Nuclei Lysis Solution added to resuspended cells, then 100 µl of Protein Precipitation was added. The mixture was purified by centrifugation at 13000 rpm for 3 minutes and the supernatant transferred to a clean 1.5ml tube containing 300 µl of isopropanol and mixed gently. The DNA was pelleted at 13000 rpm for 1minute and washed by ethanol twice and dried for 5-10 minutes at room temperature. DNA Rehydration solution used to

Table 2. Primers used and PCR conditions				
SPECIES	PRIMER NAME	SEQUENCE (5-3)	PCR PRODUCT SIZE (bp)	PCR CONDITION
<i>Plasmodium sp.</i>	rPLU5 rPLU6	CCTGTTGTGCTTAACTTC TTAAAATTGTTGCAGTTAAAACG	1100	Initial denaturation at 94°C for 3 min, 35 cycles of denaturation at 94°C for 60 seconds, annealing at 60°C(45°C for <i>P.ovale</i> ) for 90 second, extension at 72°C for 90 second and final extension for 5 minutes
<i>P. falciparum</i>	rFAL1 rFAL2	TTAACTGGTTGGGAAAACC AAATATATT ACACAATGAACTCAATCATGA CTACCCGTC	205	Initial denaturation at 94°C for 3 min, 35 cycles of denaturation at 94°C for 60 seconds, annealing at 55°C for 90 second, extension at 72°C for 90 second and final extension for 5 minutes
<i>P. vivax</i>	rVIV1 rVIV2	CGCTTCTAGCTTAATCCACAT AACTGATAC ACTTCCAAGCGAAGCAAAGA AAGTCCTTA	120	Initial denaturation at 94°C for 3 min, 35 cycles of denaturation at 94°C for 60 seconds, annealing at 55°C for 90 second, extension at 72°C for 90 second and final extension for 5 minutes
<i>P.ovale</i>	rOVA1 rOVAL2	ATCTCTTGTCTATTTTTAG TATTGGAGA GGAAAAGGACACATTAATTGT ATCCTAGTG	800	Initial denaturation at 94°C for 3 min, 35 cycles of denaturation at 94°C for 60 seconds, annealing at 45°C for 90 seconds, extension at 72°C for 90 second and final extension for 5 minutes
<i>P. malariae</i>	rMAL1 rMAL2	ATAACATAGTTGTACGTTAAG AATAACCGC AAAATTCCCATGCATAAAAAA TTATACAAA	144	Initial denaturation at 94°C for 3 min, 35 cycles of denaturation at 94°C for 60 seconds, annealing at 55°C for 90 second, extension at 72°C for 90 second and final extension for 5 minutes

re-suspend the DNA at 65°C for 1 hour. The extracted DNA stored at -86°C till further investigations.

## MOLECULAR DETECTION

Nested PCR was carried out for detection and identification of Plasmodium species as described by Snounou et al. (1993). DNA samples were amplified by oligonucleotide primers obtained from Integrated DNA Technology (Belgium). These primers targeting the Plasmodium small subunit ribosomal RNA (ssRNA) genes. Primer pairs rPLU5 and rPLU6 used to detect Plasmodium genus in Primary amplification and species-specific primers rFAL1/rFAL2 (*P. falciparum*), rVIV1/rVIV2 (*P. vivax*), rOVAL1/rOVAL2 (*P. ovale*) and rMAL1/rMAL2 (*P. malariae*) for nested PCR in 2 separated reaction.

In brief, primary and nested PCR were carried out in total 25 µl reaction volume, each containing 12.5 µl GoTag®G2 green master mix ready to use from Promega and 25µM of each primer. Five µl of extracted DNA was used as a sample for the primary amplification and two µl of the PCR product for the nested PCR. In each run, negative and positive controls were included. Thermal cycling was done in T100 thermal cycler (Bio-Rad, USA), PCR conditions are shown in Table (2). The PCR products of nested amplification were analyzed by gel electropho-

resis (1.5 agaroses in Tris-Acetate-EDTA buffer) staining with ethidium bromide. The visualization was carried out using Gel Doc XR Imaging System (Bio-Rad).

## RESULTS

A total of 138 samples re-diagnosed for Plasmodium species were Plasmodium positive by microscopy during 2011-2012, 92.8% (128/138) of the samples diagnosed as *P. falciparum* and, 7.2% (10/138) as *P. vivax*, no mixed infections were detected by the golden standard microscopic examination done by the best microscopists (details are shown in Table 3). Based on the nested PCR assay, *P. falciparum* (mono infection) has been detected in 86.23% (119/138) of the samples, 4.35% (6/138) were found *P.vivax* (mono infection) and 9.42% (13/138) of the samples were positive to both *P. falciparum* and *P. vivax* (mixed infection) (Table 4 and Fig.2). No other Plasmodium species were detected by the microscopy and nested PCR.

## DISCUSSION

Malaria transmission in Saudi Arabia occurs mainly in the southwest region in Asir and Jazan where the

Governorates	Samples no	+Ve <i>P.falciparum</i>	+Ve <i>P.vivax</i>	+Ve Mixed ( <i>P. vivax</i> + <i>P. falciparum</i> )	+Ve <i>P. ovale</i>	+Ve <i>P. malariae</i>
Jazan	22	15 (68.2%)	7 (31.8%)	zero	zero	zero
Sabyah, Beash and AL-Darb	42	41 (97.62%)	1 (2.38%)	zero	zero	zero
Samttah, AL-Ahad, Towal and Khobah	45	44 (97.8%)	1 (2.22%)	zero	zero	zero
Abuareesh, Damad and AL-Aridah	29	28 (96.6%)	1 (3.5%)	zero	zero	zero
Total	138	128 (92.8%)	10 (7.2%)	zero	zero	zero

disease is endemic. Transmission of malaria is seasonal during winter where rain falls from September to February (Jamjoom *et al.*, 2006). Introducing infection to non-endemic areas by pilgrims during Hajj and Umrah or through expatriate is a major threat to health authorities (Al-Tawfig and Memish, 2014). The quality of malaria diagnostic services would remain the main challenge in elimination and control in the region. Therefore, accurate and rapid diagnosis of *Plasmodium* infections is critical for proper malaria treatment. Giemsa-stained thick and thin films for malaria diagnosis remain the main conventional and classic method of microscopic examination for malaria in the region (Jamjoom *et al.*, 2006). The method is highly subjective and laborious with low sensitivity for chronic and asymptomatic carriers (WHO, 2013).

Distinction between malaria parasite species is crucial in the clinical management of patients since the treatment depends mainly on the type of species that cause the infection (Mangold *et al.*, 2005). In the present study, 138 samples were re-diagnosed by microscopy for *Plasmodium* species and found positive for two *Plasmodium* species (128 for *P. falciparum* [92.8%] and 10 for *P. vivax* [7.2%]). But no other *plasmodium* species or mixed

infections were detected. The miss-diagnosing of the mixed infections with *P. falciparum* and *P. vivax* using microscopy may be attributed to cross-species immunity or competition at the level of host red blood cells (RBC) (Gupta *et al.*, 2010). On other hand, the diagnosis by nested-PCR indicated 119 (86.23%) and 6 (4.35%) mono infection by *P. falciparum* and *P. vivax*, respectively. In addition, the method detected 13 (9.42%) mixed infections with both *P. falciparum* and *P. vivax*.

These results suggest that where only microscopy-based diagnostic methods are used, many cases of mixed *Plasmodium* species infections may be misdiagnosed. The findings of the present study contradict many studies in Saudi Arabia that revealed the dominance of *P. falciparum* over other *plasmodium* species and the absence of mixed infections (e.g. Dawoud *et al.*, 2008). The discrepancies between the results of the two methods are due to the fact that microscopists tend to misdiagnose mixed infections and identified them as either *P. falciparum* or *P. vivax* mono infections. Interestingly, the percentage of the mixed infections in the present investigation (9.42%) is higher than previous reported from Sudan (4.2%, Talha *et al.*, 2014), Saudi Arabia (1.9%, in Jazan region, Bin Dajem, 2015; and 2.4%, Bashrawi *et*

Governorates	Number of samples	+Ve <i>P. falciparum</i>	+Ve <i>P.vivax</i>	+Ve Mixed ( <i>P. vivax</i> and <i>P. falciparum</i> )	+Ve <i>P. ovale</i>	+Ve <i>P. malariae</i>
Jazan	22	14 (63.64%)	5 (22.73%)	3 (13.64)	zero	zero
Sabyah, Beash and AL-Darb	42	37 (88.1%)	1 (2.4%)	4 (9.5)	zero	zero
Samttah, AL-Ahad, Towal and Khobah	45	40 (88.9%)	Zero (0%)	5 (11.1%)	zero	zero
Abuareesh, Damad and AL-Aridah	29	28 (96.6%)	Zero (0%)	1 (3.4%)	zero	zero
Total	138	119 (86.23%)	6 (4.35%)	13 (9.42%)	zero	zero

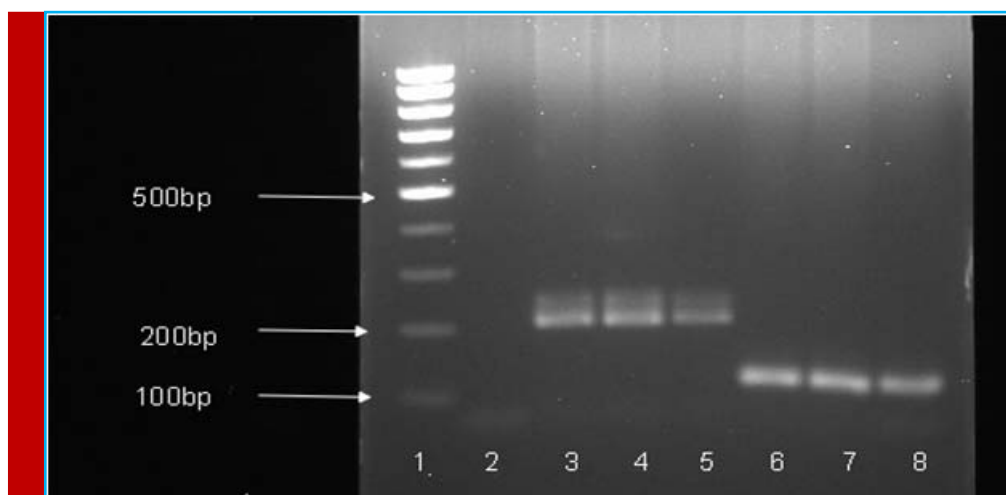


FIGURE 2. Agarose gel electrophoresis of nested-PCR by the Plasmodium species-specific primers. Lane (1) 100bp DNA marker, lane (2) negative control, lane (3) positive *P. falciparum* control, lane (4,5) positive *P. falciparum* samples (205bp), lane (6) positive *P. vivax* control and lane (7,8) positive *P. vivax* samples (120bp).

*al.*, 2002), Ethiopia (2.3%, Mekonnen *et al.*, 2014) and Afghanistan (6.5%, Zakeri *et al.*, 2010). However, it was less than reported from Bangladesh (27.5%, Fuehrer *et al.*, 2010), Brazil Amazon Regions (26.9%, Lorenzetti *et al.*, 2008), Pakistan (23.5%, Zakeri *et al.*, 2010), Iran (22%, Zakeri *et al.*, 2010) and Yemen (11.6%, AlMekhlafi *et al.*, 2010).

In mixed malaria infections, it is generally accepted that an antagonism exists between the Plasmodium species, where each species tends to dominate through the period of infection (Knowles *et al.*, 1930; Coatney, 1968). This phenomenon could explain why mixed infections are difficult for microscopists to detect, particularly when the patient is sampled once (Snounou *et al.*, 1993). It could be explained also by the reason that under microscopy and at early stage the size of *P. vivax* parasite resembles the size of *P. falciparum*. Additionally, fever induced by low parasiteima caused by *P. vivax* might hinder the pathogenic potential of *P. falciparum* (Yewhalaw *et al.*, 2010). Therefore, the microscopists may frequently miss to differentiate between species especially when morphologic characteristics overlaps or in cases that parasite morphology has been altered by drug treatment, or in case of bad storage of the blood films and the sample processes (Talha *et al.*, 2014).

The detection of mixed infections is highly important for both ascertaining the exact incidence of each species and its consequent transmission potential, and the successful clinical treatment. Moreover, the reduction of parasiteima in mixed infections due to suppression of one the species, changes the resulting morbidity and mortality (Snounou *et al.*, 1993). In this study, we found that the nested-PCR techniques were able to detect the

mixed infections of malaria, a result that leads to correct treatment and prompt diagnosis.

## CONCLUSION

Considerable numbers of species mismatch and under-reporting of mixed infections had been noticed in the diagnosis of malaria by microscopy alone in Jazan region. The nested-PCR used in the present study is reliable to detect precisely the type of Plasmodium species and any Plasmodium mixed-infections. It is valuable as a confirmatory test and should be considered by reference laboratories in the region and other malaria endemic regions of the Kingdom of Saudi Arabia. False diagnosis of plasmodium species along with under reporting of mixed infections need special attention and should be improved for accurate and reliable malaria diagnosis and malaria control and/or elimination efforts. The molecular techniques are thought to be not practical in rural areas for examination of *P. falciparum* and/or *P. vivax*, yet they could be used in epidemiological surveillance and control or/and elimination programs.

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